

## IRON BREAKFAST

27.07.11

# ADDICTION

### Discussion led by Don Court

Quotes from AA...

- Hope sees the invisible, feels the intangible, and achieves the impossible.
- When I don't have expectations of others, anything positive they do is a pleasant surprise.
- Dear God: Help me to accept the seemingly bad, as well as the good, which is necessary for my growth. Amen.
- Always forgive your enemies; nothing annoys them so much. (Oscar Wilde)
- God seldom becomes a reality until God becomes a necessity.
- The only alcoholics who aren't guilty of driving when drunk are those who have never driven.
- If learning to be sober doesn't feel awkward, you're not making progress.
- AA is a God-centered program for self-centered people.
- For peace of mind, resign as general manager of the universe.
- Today I am grateful that commitments are not handcuffs, they are the key that unlock my handcuffs!
- The problem with alcoholism is that people die. And it's not always the alcoholic.
- My worst days are never so bad that I am beyond the REACH of God's grace. And my best days are never so good that I am beyond the NEED of God's grace.
- Think for yourself and let others enjoy the privilege of doing so too. (Voltaire)

- You can tell a lot about a person by the way he/she handles four things: A rainy day, the elderly, lost luggage, and tangled Christmas tree lights .
- If I think – I can't drink; If I drink – I cant' think.
- Prayer for Protection:  
The Light of God surrounds me;  
The Love of God enfolds me;  
The Power of God protects me;  
The Presence of God watches over me;  
Wherever I am, God is,  
And all is well.  
(James Dillet Freeman)